

I Double Ogg Dare You 5K

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank	
1	SCOTT LILLIS	ROELAND PARK, KS	M: 1	RUNNER	1006	00:22:07.17	07:07	8.4mph	Male Overall: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:06:43.58	06:29	9.2mph	00:06:43.58
						Split 2	00:07:46.86	07:30	8.0mph	00:14:30.44
						Split 3	00:07:36.74	07:20	8.2mph	00:22:07.17
2	BEN GILLE	GRAIN VALLEY, MO	M: 2	RUNNER	1005	00:27:59.28	09:00	6.7mph	Male Overall: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:08:56.30	08:37	7.0mph	00:08:56.30
						Split 2	00:09:59.17	09:38	6.2mph	00:18:55.47
						Split 3	00:09:03.81	08:44	6.9mph	00:27:59.28
3	DANIEL LOENTAL		M: 3	RUNNER	1031	00:29:02.70	09:20	6.4mph	Male Overall: 3	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:09:06.72	08:47	6.8mph	00:09:06.72
						Split 2	00:10:20.25	09:58	6.0mph	00:19:26.97
						Split 3	00:09:35.73	09:15	6.5mph	00:29:02.70
4	MARISSA TAYLOR	KANSAS CITY, KS	F: 1	RUNNER	1007	00:29:11.35	09:23	6.4mph	Female Overall: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:08:53.88	08:35	7.0mph	00:08:53.88
						Split 2	00:10:05.73	09:44	6.2mph	00:18:59.61
						Split 3	00:10:11.74	09:50	6.1mph	00:29:11.35
5	LIZA GALINDO	KANSAS CITY, MO	F: 2	RUNNER	1004	00:35:45.94	11:30	5.2mph	Female Overall: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:11:19.00	10:55	5.5mph	00:11:19.00
						Split 2	00:12:06.45	11:41	5.1mph	00:23:25.45
						Split 3	00:12:20.50	11:54	5.0mph	00:35:45.94
6	NICOLE BECHARD	KANSAS CITY, MO	F: 3	RUNNER	1001	00:42:00.85	13:31	4.4mph	Female Overall: 3	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:11:55.97	11:31	5.2mph	00:11:55.97
						Split 2	00:15:05.48	14:34	4.1mph	00:27:01.45
						Split 3	00:14:59.41	14:28	4.1mph	00:42:00.85